



Your Goals!

Your Growth!

**How To Get
Going & Stay
Committed!**

**Maria
Chevalier**

2019



My goal for
2019

Is to accomplish the goals of
2018

Which I should have done in
2017

Because I promised them in
2016

And planned them in
2015

YOUR CAREER




THE

SUCCESS

INTERSECTION

WHAT HAPPENS WHEN
YOUR TALENT
MEETS
YOUR PASSION

A black and white close-up portrait of Audrey Hepburn, looking slightly to the left with a thoughtful expression. She has her signature short, dark hair with bangs.

Nothing is
IMPOSSIBLE,
the word
itself says,
I'M POSSIBLE!

Audrey Hepburn

If you could
wave a magic
wand, what
would you wish
for in your
career

Dear Past,
Thanks for
all the
lessons.

Dear Future,
I am ready.

Take control of your
professional development

Look into the past to learn only

Identify what/who held you back
professionally

Share it



The new year means nothing if you're still in love with your comfort zone.

- Normal
- Everyone experiences
- Don't let it stop you

- ❑ Develop a plan
- ❑ Manageable task
- ❑ One thing per week
- ❑ On your calendar

A DREAM written
down with a date
becomes a GOAL.
A goal broken down
into steps becomes
a PLAN. A plan
backed by ACTION
becomes REALITY.

JOURNEYSTRENGTH

**Why
Women
Don't
Apply for
Jobs
Unless
They're
100%**

**Qualified
Harvard
Business
Review**

- Women need to meet more of the qualifications to be hired than do their male counterparts. McKinsey report found that hire/promoted **Men based on their potential**
Women for their experience and track record
- Girls are strongly **socialized to follow the rules** and in school . Then in their careers, that rule-following habit when it comes to adhering to the guidelines about “**who should apply.**”
- Overestimate the importance of our formal training and qualifications, and **underutilize advocacy and networking.**

YOUR GOALS

SUCCESSFUL GOALS



- Identify priorities and strategize.
- Tackle hard tasks dead on
- No meeting day
- Write it down
- Envision the end result
- Develop milestones
- Breakdown into small task
- Tap Into Other People's Energy
- Don't worry about what you can't control
- Give up the need for immediate results
- Maximize the Most Important Tasks
- Start Small So You Won't Mind

MEETING GOALS THROUGH OTHERS



- Give them the why
- Constant communication
- Make things fun
- Break it into smaller pieces
- Multitasking is a myth
- Get feedback
- Celebrate along the way
- Adjust

Happy New Year

